

Assistant Prof. Nozomi Tatsuta

○アブストラクトデータ

Adverse effects of prenatal exposure to methylmercury on intellectual ability of 42-month-old boys in Japan

Methylmercury (MeHg) is a well-known environmental neurotoxicant. Since MeHg readily crosses the placenta, the fetus is particularly sensitive to MeHg exposure. A delay of development of cognitive function in children caused by prenatal MeHg exposure was shown in some epidemiological studies. In the present study, we examined the associations between prenatal exposure to methylmercury and intellectual ability using the Kaufman Assessment Battery for Children (K-ABC) at 42 months of age.

The research field took place in two areas, an urban area and a coastal area in the Tohoku district of Japan. In this study, only the subjects in the coastal area were employed. Participants were followed up from pregnancy through age 14. The K-ABC, comprised of four scales, was used to assess their intelligence and achievement. The relationships between the MeHg and K-ABC scores were analyzed using multivariate analyses. Potential confounders include age at examination (months), testers variables, child gender, birth order, alcohol consumption/smoking habits during pregnancy. The maternal intelligence quotient was measured using the Raven standard progressive matrices and the results were analyzed using the raw score because it has not been standardized in Japan. The mother was asked to fill in the Raven standard progressive matrices when the children were 18 months old. The selenium level and docosahexaenoic acid (DHA) level were also used for confounders. In a total of 542 mother-child pairs, the total mercury (THg) level (median, 2.5 µg/g) in maternal hair at parturition, the selenium level (65.9 ng/g) in cord blood and the DHA level 168.8 mg/mL in maternal blood were analyzed. There were no significant correlations between K-ABC score and THg after adjusting for possible confounders. The results of multiple regression analysis showed that gender had close relations to the K-ABC scores. The K-ABC scores were significantly lower in the boys (n=284) than in the girls (n=258). According to the result of gender-specific multiple regression analysis, THg was negatively related to the sequential processing score (p=0.029) only in the boys.

These findings suggest that intellectual ability in the developmental stage may be impaired by prenatal exposures to highly methylmercury, especially in boys.


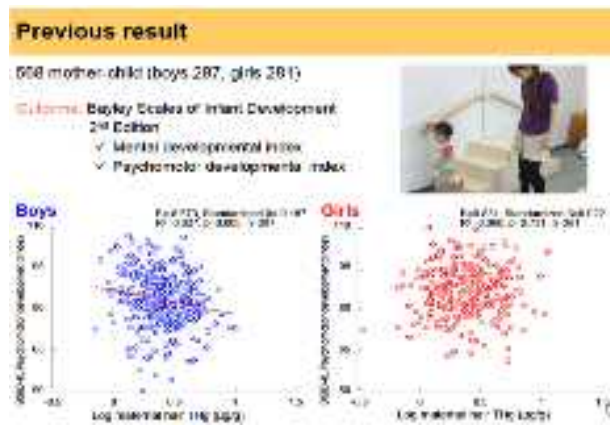
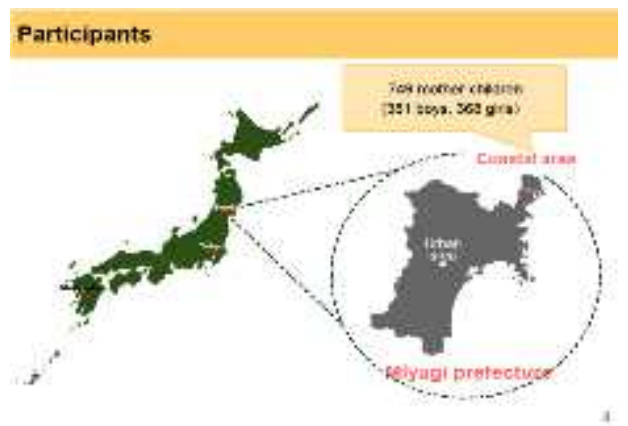
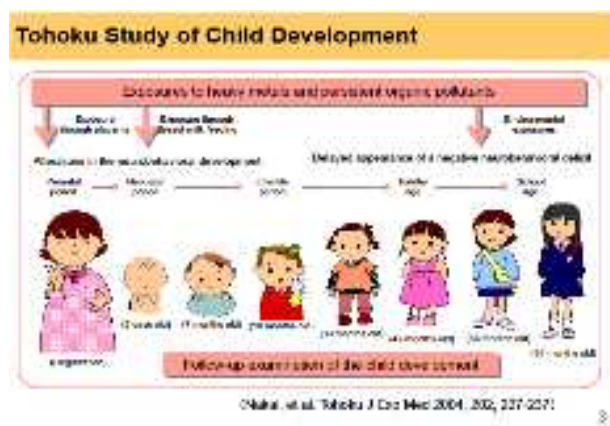
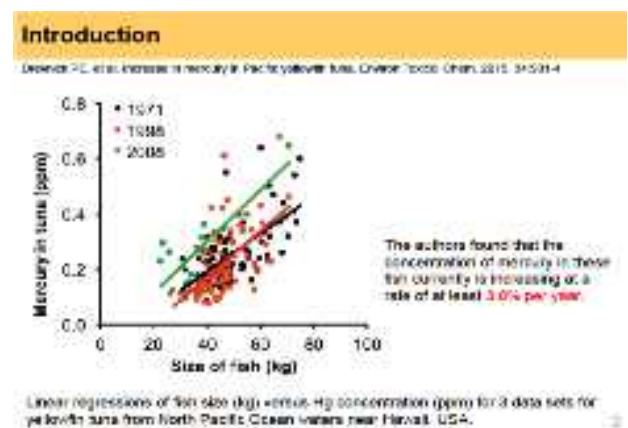
Nozomi Tatsuta, Kunihiro Nakai (Tohoku University Graduate School of Medicine), Katsuyuki Murata (Akita University Graduate School of Medicine), Mineshi Sakamoto (National Institute for Minamata Disease), Miyuki Iwai-Shimada, Hiroshi Satoh (Tohoku University Graduate School of Medicine)

○発表データ

Adverse effects of prenatal exposure to methylmercury on intellectual ability of 42-month-old boys in Japan

Y. Tanaka, H. Nakai, K. Minata, K. Sakamoto, M. Imai-Shimada, M. H. Swartz

Tanaka Y, Nakai H, Minata K, Sakamoto K, Imai-Shimada M, Swartz M. *Environ Health Perspect*. 2004;112(12):1511-1514.

Purpose and Methods

Purpose We examined the associations between prenatal exposure to methylmercury and intellectual ability using the Kaufman Assessment Battery for Children (K-ABC) at 42 months of age.

Developmental index Kaufman Assessment Battery for Children (K-ABC)

Confounders Child gender, birth order, drinking / smoking habit during pregnancy, score of the Raven's standard progressive matrices

Exposure Biomarkers THg: CMAAS (Maternal hair sample (3-cm hair close to the scalp))
Cord blood Se: CMAAS
Maternal plasma DNA: Gas Chromatography



Basal characteristics of mother-child pairs

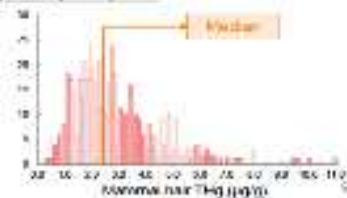
Complete data were available on 542 children (274 boys and 268 girls)

	Mean	SD	Min	Max	%
Child gender (% boys)					50.8
Birth order (% first born)					41.7
Alcohol drinking during pregnancy (% yes)					15.3
Smoking habits during pregnancy (% yes)					12.3
Score of the Raven's Standard Progressive Matrices	50.1	6.4	27	60	
42-month-old K-ABC scores					
Mental processing	80.0	14.8	52	103	
Sequential processing	80.0	15.5	57	104	
Simultaneous processing	80.0	15.1	55	102	
Achievement processing	82.5	14.0	50	107	

Exposure levels

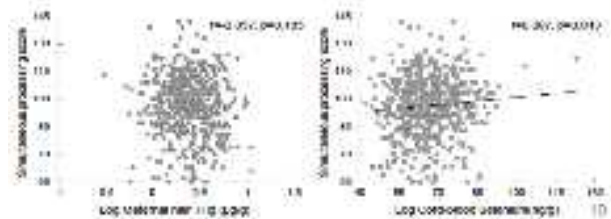
	Median	95th	99th
Maternal hair THg (µg/g)	7.6	1.0	0.8
Cord blood selenium (µg/l)	83.9	81.0	80.4
Maternal plasma CHA (ng/ml)	10.0	10.0	10.0

Maternal hair THg at conception	
Range	4.3-14.9 µg/g (Median: 10.0, 95th: 10.0, 99th: 10.0)
Standard	0.6 µg/g (Median: 10.0, 95th: 10.0, 99th: 10.0)
Japanese female	1.4 µg/g (Median: 1.0, 95th: 1.0, 99th: 1.0)



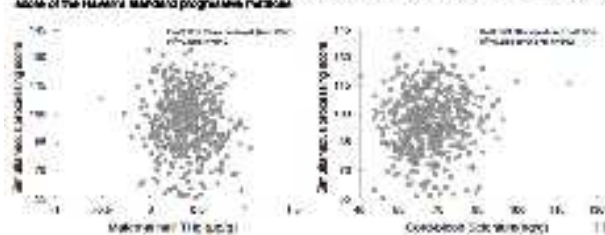
Simple correlation

	Maternal processing	Selenium	Maternal plasma CHA	Achievement
	r	p	r	p
Hair THg	-0.025	0.485	0.012	0.768
Cord blood Se	0.068	0.130	0.020	0.541
Maternal CHA	0.020	0.640	0.007	0.949



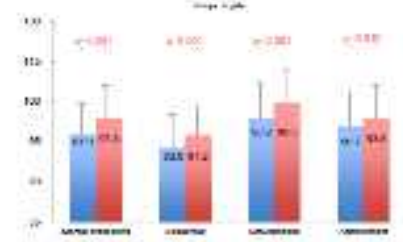
Multiple regression

	Maternal processing	Selenium	Maternal plasma CHA	Achievement
	adjusted R ²	adjusted R ²	adjusted R ²	adjusted R ²
Hair THg	0.011	0.028	0.000	0.000
Cord blood Se	0.000	0.000	0.000	0.000
Maternal CHA	0.000	0.000	0.000	0.000



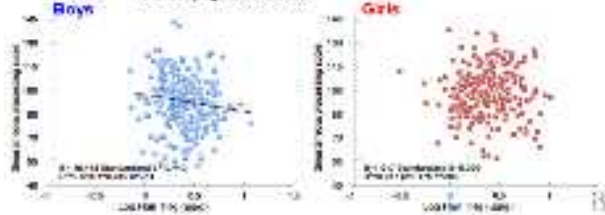
Child gender difference 1

	Boys (n=274)	Girls (n=288)	t value	p value
Maternal processing	87.8 14.2	87.8 14.2	4.704	p < 0.001
Selenium	83.8 18.8	87.3 18.3	3.381	0.001
Maternal CHA	95.2 16.4	95.5 15.1	4.678	p < 0.001
Achievement	90.7 14.7	90.8 13.1	2.688	0.002

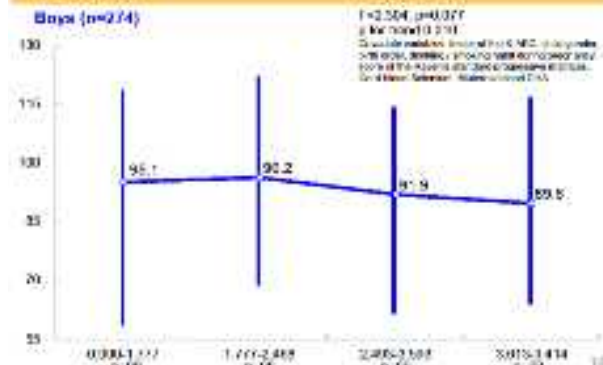


Child gender difference 2

	Boys	Girls	t value	p value
Maternal processing	87.8 14.2	87.8 14.2	4.704	p < 0.001
Selenium	83.8 18.8	87.3 18.3	3.381	0.001
Maternal CHA	95.2 16.4	95.5 15.1	4.678	p < 0.001

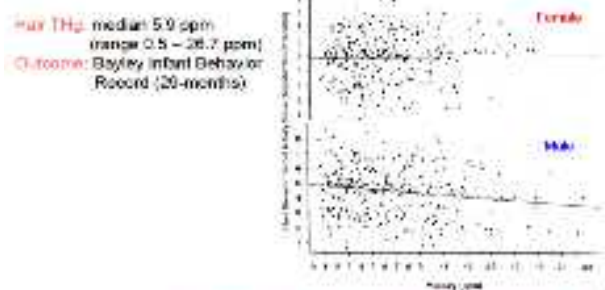


Child gender difference 3



Discussion 1

Seychelles child development study



Discussion et al., NeuroToxicology (1998) 19(4), 677-688

Discussion 2

Seychelles child development study

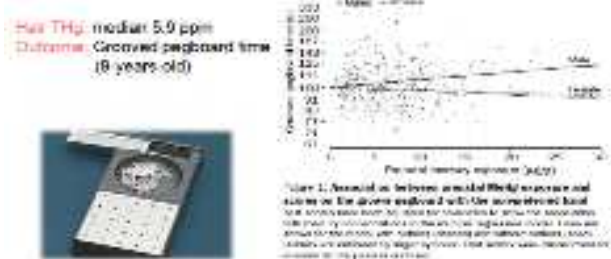


Figure 1. Scatter plot showing the relationship between Hair THg (µg/g) and Outcome (Cord blood selenium time (8 years old)). The plot shows a positive correlation between Hair THg and Outcome.

Discussion 3



Acknowledgments

We thank all the families who participated in the cohort study.

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